



**NATIONAL IAM  
BENEFIT TRUST FUND**

## QUICK REFERENCE

**The following is a “quick reference” list of frequently used phone numbers and website addresses**

<b>National IAM Benefit Trust Fund</b>	<a href="http://www.iambtf.org">www.iambtf.org</a>
Verify eligibility or for Fund Office support:	800-457-3481
<b>EyeMed – Vision Benefits</b>	<a href="http://www.eyemed.com">www.eyemed.com</a>
EyeMed Member/Patient Services:	866-800-5457
EyeMed Doctors/Providers only:	800-521-3605
<b>Quantum Health (CareFirst Administrators) – Medical Benefits:</b>	<a href="http://www.MyNIAMBenefits.com">www.MyNIAMBenefits.com</a>
Verify medical coverage, benefits, and claim status:	866-871-0839
CareFirst Administrators – provider network:	<a href="http://www.cfablue.com">www.cfablue.com</a>
CareFirst EAP:	866-408-2755
CareFirst Closeknit – telehealth visits:	866-233-6925 <a href="http://portal.closeknit.com">portal.closeknit.com</a>
CareFirst Well Being Program:	877-260-3253 <a href="http://carefirst.com/wellbeing">carefirst.com/wellbeing</a>
<b>CVS/Caremark – Pharmacy Benefits</b>	<a href="http://www.caremark.com">www.caremark.com</a>
Verify benefits and coverage, or mail order:	866-282-8503
Specialty Pharmacy Services:	800-237-2767
Caremark Pharmacists:	800-282-2229
<b>Delta Dental of Georgia – Dental Benefits</b>	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a>
Verify coverage, benefits, and claim status. Obtain a list of participating dentists. Request Delta Dental ID cards.	800-521-2651
Mail claims to P. O. Box 1809, Alpharetta, GA 30023	Group Number: 5104