



YOUR ONE PLACE TO GO
FOR HEALTHCARE AND
BENEFITS HELP

When dealing with healthcare and benefits, it can be hard to know where to start.

Quantum Health is your one place to turn when you need assistance.



One number to call with any questions



One app for self-service help



One team of experts dedicated to helping you

QUANTUM HEALTH IS YOUR GO-TO RESOURCE FOR HEALTHCARE GUIDANCE AND BENEFITS INFORMATION

For medical claims, benefits, prescriptions and so much more, you can expect expert guidance at no cost to you. Empowered and resourceful, Quantum Health Care Coordinators do things like:



Get answers to claims, billing and benefits questions



Find in-network providers



Verify coverage and get prior approval if needed



Contact providers to coordinate treatment



Review your care options



Replace ID cards



No request is too big or small for your Quantum Health Care Coordinators. When you need help, we're just a **tap, click, chat or call away!**



5240 Blazer Parkway
Dublin, OH 43017

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[MyNIAMBenefits.com](https://www.myNIAMBenefits.com)

(866) 871-0839

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

